Dear Friends!
The Young Adult Commission of B'nai B'rith Europe and the Organising Committee of the 4th B'nai B'rith Europe Young Jewish Adult Forum are pleased to invite YOU to participate in our ESSAY COMPETITION, as you are among those who attended either the Frankfurt, Rome or Brussels Forums.

**Title of the Essay**
"Matesh Bala vs Sushi? - Tradition vs Modern lifestyle!"

**Prize**
Free Registration for the 2011 Young Jewish Adult Forum to be held in Marseilles, France.

**Conditions**
- The Essay must be written in English and should not exceed 450 words.
- The participants must have been registered and have attended one of the previous Forums. At the latest, add to the Essay the present 2011 postal address and telephone number.
- The Essay must reach the B'nai B'rith Europe Office either by post or by email (photostat) not later than 30th October 2010.
- The winner will be announced at the 4th B'nai B'rith Europe Young Jewish Adult Forum in Marseilles in November 2010.
- The judging Committee will be based on the B'nai B'rith Europe website and could be used for future promotional purposes.
- The winning Essay cannot be used in any other language.
- The Young Adult Commission of B'nai B'rith Europe and the Organising Committee of the Forums have absolute discretion in the selection process of deciding the winning Essay.

Good Luck!!!

THE ORGANISING COMMITTEE
OF THE YOUNG JEWISH ADULT FORUM